## THE BIBLE CHAPEL - RECOMMENDED COUNSELOR

DONNA McHUGH | 412-805-3474



Donna McHugh earned her master's degree in professional counseling from Liberty University and bachelor's degree in Psychology from Point Park University. She has been providing counseling services to adult individuals and couples since 2000. Along with her husband, Donna also works with the "Couples to Couples" program at Allegheny Center Alliance Church, providing premarital counseling since that same year.

Clients generally will seek her help in dealing with relational or personal struggles, which may include: anxiety/stress, depression, grief/loss, codependency, anger, abuse, spiritual concerns, poor self-image, and relationships (including premarital counsel). Prayer and the Word of God are integral parts of Donna's work with her clients as she partners with the Holy Spirit to minister healing and hope to hurting people.

For more information, contact <a href="mailto:counseling@biblechapel.org">counseling@biblechapel.org</a>.

