

Father's



GUIDING WITH FAITH,
SERVING WITH PURPOSE

DAY WEEKEND

7-DAY DEVOTIONAL

Note of Encouragement

Our lives are full - like an "I just ate too much" full. Jobs, families, finances - we can easily list the juggling act each of us men try to balance every day. The truth is, we can't do it all. And thankfully, we have a God who calls us His sons and provides everything we need for every moment.

Our prayer is that this devotional would remind us of the identity we have in Christ, the daily hope we find in Him, and the promises found in His Word. Take a breath and open your heart to the Lord today. May the following truths draw you closer to our Heavenly Father. In His Presence is the best place we can ever be.

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Trust

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Trust

JEREMIAH 17:7 SAYS:



**Blessed is the man who trusts in the Lord,
whose trust is the Lord.**

Scripture reminds us that trust in God isn't reserved for extraordinary moments - it's built in the ordinary, everyday rhythms of life. Trust is not just something we feel; it's something we choose.

That choice carries weight. Each day brings decisions, responsibilities, and pressures. It's tempting to rely on experience or instinct alone, but a life of faith begins with surrender. It looks like pausing before the day begins, laying plans before the Lord, and saying, "God, Your way is better than mine." It's opening His Word, seeking His direction, and praying, even when the next step seems obvious.

Trust also grows stronger in community. Even the most steadfast man was never meant to walk alone. Having a trusted friend - a brother in Christ - creates space for honesty, encouragement, and accountability. Strength is not found in isolation, but in community.

And **trust** is deepened through remembrance. Think back to the moments when God showed up - when provision came unexpectedly, when clarity replaced confusion, when help arrived right on time. Those memories become anchors. They remind us that the God who was faithful yesterday is still faithful today and will be tomorrow.

Father, teach me to trust You more each day. Help me surrender my plans, seek Your wisdom, and follow Your way. Surround me with people who strengthen my faith and remind me of Your faithfulness in every season.

May my life reflect a legacy of trust that points others to You.

Amen

Presence

Most of us think leadership is found in the big moments of life. Moments like getting that promotion to provide greater financial security, making major decisions about the future, and protecting our families when hardship comes. While these big things do matter, often the deepest impact we have is in the unnoticed spaces between the milestones, where we are simply present.

DEUTERONOMY 6:6-7 SAYS:

These words that I am giving you today are to be in your heart. Repeat them to your children. Talk about them when you sit in your house and when you walk along the road, when you lie down and when you get up.

There's something powerful about the simplicity of this command. God does not tell us to schedule blocks of time for spiritual leadership. He does not confine teaching to formal lessons alone. He paints a picture of life shared together. Sitting. Walking. Waking up. Winding down. Our faith is woven into the ordinary moments we spend with one another in life.

And everyday moments become holy moments when we choose to be fully present. The dinner table becomes a chance to disciple. The car ride becomes an encouraging talk. Bedtime becomes an opportunity to model prayer. Shared routines become opportunities for others to witness what trust in God looks like.

As men, we often feel pressure to achieve more, fix more, provide more, and accomplish more. But some of the greatest spiritual leadership happens when we simply choose to stay engaged in the lives right in front of us.

One of the clearest ways a man can reflect God is not through perfection, but through faithful **presence**.

Father, thank You for the people You have placed in my life. Teach me to slow down and truly be present. Give me wisdom to recognize the ordinary moments that carry eternal significance.

Help me not to confuse being busy with being faithful. Shape me into a man who reflects Your heart through consistency, attentiveness, and compassion. Teach me to love the way You love – fully engaged, fully aware, and fully present.

May my life point others toward You, not just through my words, but through the way I show up for the people around me each day.

Amen

Fear



“Have no fear. Your superhero is here.” Familiar phrase, right? We often hear this when a hero jumps in to save the day - from saving grandma's cat that is stuck in a tree or the entire city from an outer space jellyfish attack...or something like that! Fear is a funny thing, and something that men don't love to talk about.

We're often told to be strong and face any giant without fear. The truth is, we experience fear - probably more often than we would like to admit. Fear around work, providing for our family, navigating a life-storm, or missing that putt for par.

Jesus told us that in this world, we will have troubles. It's unavoidable. Whatever that trouble is, we can suddenly find ourselves battling fear.

When fear tries to creep in, we have a great reminder from David in Psalm 27:1:

PSALM 27:1 SAYS:



The Lord is my light and my salvation - whom shall I fear?

The Lord is our light. Whatever darkness we face that causes us **fear**, be reminded that the Lord is our light. He will help us through the storm. His Word will light our path to step forward. The Lord is our salvation - we are saved in Him. We are safe in Him. We are secure in Him. So, therefore, whom shall we fear? In Christ, we are more than conquerors and have nothing to fear. Declare this truth over whatever you are facing today.

Heavenly Father, I am battling fear. Bring your peace over the storm, and remind me that in Jesus, I am safe.

You are my light and my salvation, and as Your word declares, "whom shall I fear?" Help me to stand confidently in You today and every day. Thank you that I can walk through this world without fear because You have overcome.

In Jesus' name I pray,

Amen

Legacy

Most of us will spend a large portion of our lives building something. We build careers, homes, businesses, reputations, and stability for the people we love. And while there is honor in working hard and providing well, scripture reminds us that our greatest legacy will not be measured by what we accumulated or accomplished, but by what is written in the hearts of others long after we are gone.

PSALM 78:4 SAYS:



We will tell the next generation the praiseworthy deeds of the Lord. His power, and the wonders He has done.

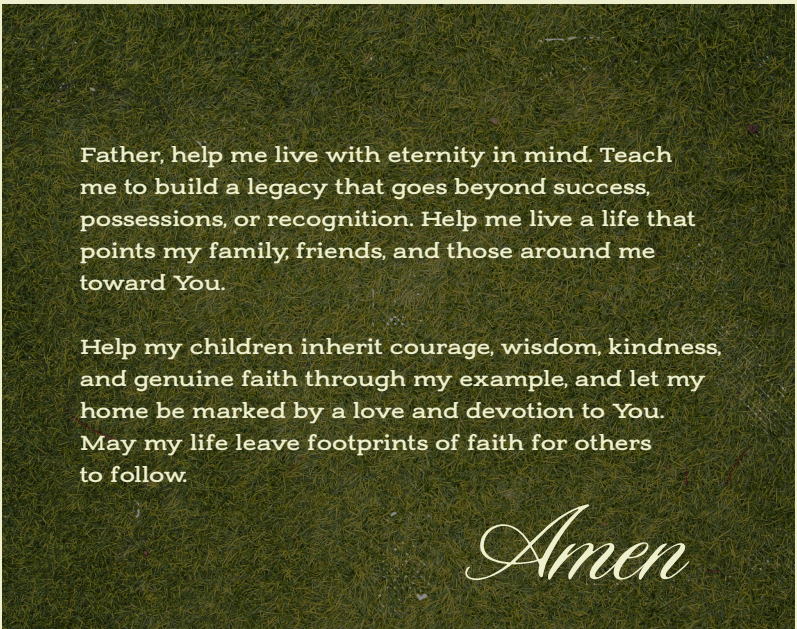
As Godly men, we must not merely ask, “What can I accomplish?” but “What will remain after I am gone?” We must remember that those around us – our families, our children, our coworkers, our friends – will inherit far more than the possessions and achievements we leave behind. They inherit our priorities and pursuits, learning from how we consistently live our lives.

MATTHEW 6:19-20 SAYS:

Do not lay up for yourselves treasure on earth, where moth and rust destroy and where thieves break in and steal, but lay up for yourselves treasures in heaven where neither moth nor rust destroys and where thieves do not break in and steal.

The strongest **legacy** we can leave is an eternal one. A legacy of children who know the Living God, of friends who were strengthened through our faith, and of a home molded by grace and truth. That we would be known as men who love deeply, serve humbly, pray faithfully, and point others to Christ in all that we do.

The greatest legacies are not carved in buildings or monuments, but in the hearts of those we helped lead to Christ.



Father, help me live with eternity in mind. Teach me to build a legacy that goes beyond success, possessions, or recognition. Help me live a life that points my family, friends, and those around me toward You.

Help my children inherit courage, wisdom, kindness, and genuine faith through my example, and let my home be marked by a love and devotion to You. May my life leave footprints of faith for others to follow.

Amen

Thankful

When was the last time someone told you a heartfelt “*thank you*”? Not the quick, kid-running-out-the-door-to-play-outside-after-giving-them-a-juice-box-thank-you. I’m talking about a moment when someone slowed down, looked you in the eyes, and with earnestness spoke clearly, paced, and genuinely said, **“thank you”**.

These moments hold so much power. Whether you are the one saying or receiving the thank-you, it fills our hearts. Appreciation. Humility. Seen. Relational. Valued. Honest. Real.

That spirit of gratitude is mentioned many times in Scripture. We are called to have a grateful heart in all things – ultimately thanking God for who He is. He is worthy of a thankful heart. At the beginning of the day, thank God. In the middle of the trial, thank God. When life is good, thank God. When life is hard, thank God. Here are three of many moments in Scripture where thankfulness is the focus:

COLOSSIANS 3:15 SAYS:

||| And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

PSALM 100:4 SAYS:

Enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name!

1 THESSALONIANS 5:16-18 SAYS:

Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.

So, when was the last time you gave the Lord a slowed-down, full-hearted thank you? Or has it been more of a quick passing “thank you Lord for this steak” kind of statement? Take a moment today and give thanks to the Lord - for He is truly good - and no matter what, worthy of our gratitude.

Heavenly Father, Thank You. Thank You for who You are - Sovereign God. Creator. Sustainer.

You are everything to me - and without You I am nothing. Thank you for saving me. Thank you for calling me, Your son. You are worthy of my thanks and praise in this moment, and every moment of my life.

In Jesus' name I pray,

Amen

Rest



Whether we're lifting at the gym, carrying one of our kids, or on the tee box of the 9th hole, we know this - our shoulders are meant for strength. They provide maximum mobility and range of motion and are the most flexible joint of the body - essential for daily tasks. Sounds strong, right? And our shoulders are: God made them that way. And yet we can sometimes translate this strength an unhealthy way - carrying every worry, care, task, job, responsibility and more. We often think we have to figure everything out and fix every problem - leading to a place of feeling overwhelmed and even burnt out.

Just like working out in the gym, we have to let our muscles **rest**. Time to heal. Time to rebuild. And the beautiful thing is, that's what the Lord invites us into - to give over our burdens, the weight on our shoulders, and trade it for His peace, rest, and care.

MATTHEW 11:28-30 SAYS:

Come to me all who labor and are heavy laden and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls For my yoke is easy, and my burden is light.

Just reading that passage brings peace. A deep breath. An invitation. The promise is there from the Lord to give us rest. We have to turn to Him, run to Him, open our hands and give Him our worries, our burdens, cares and concerns. If you're experiencing exhaustion, come to Jesus. If you feel crushed by any weight, come to Jesus. If you feel lost and hopeless, come to Jesus. Trade the weight of the world for the power, strength, and comfort of our Savior. There is nothing too heavy that He can't carry.

Heavenly Father, I come to you today weary, tired, and overwhelmed. Sometimes life is so heavy, and I feel like I have to do it all. Help me remember today that I don't have to carry the weight of the world on my shoulders, and instead, give my burdens over to You. Give me rest today, peace in my heart and mind, and remind me that You are my Rock who cannot be shaken.

In Jesus' name I pray,

Amen

Prayer

When we think about strength, leadership, and responsibility as men, action, hard work, problem-solving, and perseverance are often the first things that come to mind. Prayer is not usually on that list, yet throughout Scripture, Jesus consistently showed that true strength begins in communion with the Father.

MARK 1:35 SAYS:



Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed.

Time and time again, we see examples (like this one) of Jesus praying at key moments in His life and ministry. Before major decisions, Jesus prayed. Before miracles, Jesus prayed. In moments of sorrow and moments of happiness, Jesus prayed. Jesus continually returned to the presence of the Father, and if the Son of God lived with that kind of dependence on prayer, how much more do we need it in our own lives?

As men, we carry burdens that are often unseen. We lead families, provide stability, make decisions, and try to remain strong for the people around us. But Scripture reminds us we were never meant to carry those responsibilities alone. Prayer aligns our hearts with God, reminds us where our strength comes from, and teaches us to lead from humility instead of self-reliance.

A praying man changes the atmosphere around him. His family may not hear every prayer he whispers, but they often live in the strength and peace that those prayers produce. Children learn faith from fathers who trust God. Wives find encouragement in husbands who seek wisdom from the Lord. Friends are strengthened by men who faithfully bring others before God in **prayer**. The prayers nobody hears become the foundation for the life everybody sees.

Some of the strongest leadership a man will ever show is found in the quiet moments of communion between him and God.

Father, teach me to be a man who seeks You first. Help me not to rely solely on my own strength, wisdom, or understanding, but to lean on You in every circumstance.

Give me the discipline to pray consistently and the humility to bring every burden before You. Teach me to praise You in the good times and to cling to You in difficult ones. Strengthen my prayer life so I can lead my family, love others well, and walk faithfully in the calling You have given me. And may the people around me be strengthened because I chose to seek You faithfully.

Amen

Official Dad Jokes

Joke	1	2	3	4	5	6

01

WANT TO HEAR A JOKE ABOUT
CONSTRUCTION?

I'M STILL WORKING ON IT!

02

WHY DON'T EGGS TELL JOKES?

BECAUSE THEY'D CRACK EACH OTHER UP!

03

I USED TO HATE FACIAL HAIR,
BUT THEN IT GREW ON ME!

04

YESTERDAY I FOUND OUT THAT I HAVE A
TERRIBLE FEAR OF ELEVATORS.

TODAY I STARTED TAKING STEPS TO GET
OVER IT.

05

LAST WEEK I ATTENDED THE WEDDING
OF TWO RADIO ANTENNAS...

THE CEREMONY WAS KIND OF BORING,
BUT THE RECEPTION WAS EXCELLENT!

06

I ONCE ENTERED 10 PUNS IN A JOKE
CONTEST IN HOPES THAT AT LEAST ONE
OF THEM WOULD WIN A PRIZE.

NO PUN IN TEN DID.

