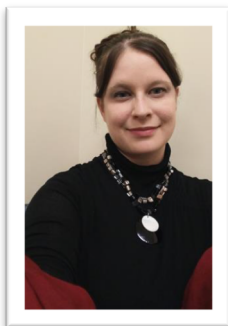


THE BIBLE CHAPEL - RECOMMENDED COUNSELOR

KARIANNE BILSKY | 412-683-1000



Karianne is a licensed psychologist who received her Ph.D. in Counseling Psychology from West Virginia University in 2013. She completed her Masters in Professional Counseling at Carlow University in 2009. Her pre-doctoral internship was conducted at the VA Pittsburgh Healthcare System. She provides individual therapy for teens and adults, marital therapy, and group therapy. She also conducts psychological evaluations and assessment for ADHD, learning disorders, and giftedness.

She received specialized training in evidence-based psychotherapy, individual and group therapy for trauma and PTSD, and co-occurring disorders (including alcohol and substance use recovery). She provides cognitive-behavioral therapy for a range of concerns, including: anxiety, depression, adjustment difficulties, communication and anger management, PTSD, alcohol/substance abuse, military/veteran issues, and recovery from abuse of spiritual authority. Her approach to the integration of Christianity is client-based, meaning that the client decides when and to what extent to include prayer, Bible reading, and discussion of spirituality in session."

For more information, contact counseling@biblechapel.org.